

PC 46

Grace

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“So whether you eat or drink or whatever you may do, do all for the glory of God.”
1 Corinthians 10:31 ESV

As a teen, I found the silent Quaker table blessing my father preferred inadequate and boring. In my daily devotions, I discovered a reflection on the verse above, and surprisingly my father encouraged us to use an adaptation of it. Now, the verse is framed and placed on the hutch by our dining room table.

Grace is a two-way street. God gives us grace, and we say grace to thank God.

God’s grace refers to the ongoing, benevolent act of God working in us. It is a spiritual power that encourages us to live God’s will.

Before we eat, we say grace. We give thanks to God for the bounty he provides and to honor God in all we do.

The simple prayer on my hutch says:

*Give us your help, dear God
Whether we eat or drink,
Whatever we may do,
We may do it all in thy name and to thy glory.*

My thoughts on this prayer are:

*Give us your help, dear God,
We need your awesome grace.*

*Whether we eat or drink,
No matter how ordinary our actions are, even eating and drinking.*

*Whatever we may do,
At home or work, doing hobbies, worship, meetings, or making decisions*

*We may do it all in thy name and to thy glory
O Lord, grant me the desire and ability to honor You in everything I do.
Help me make known your awesome love for all.*

Thank you, O Lord, for your awesome grace.

I often simplify this prayer:

*Give me your Grace, O Lord.
Sometimes I just say, "Help!"*

My wish for you:

"Grace to you and peace from God our Father and the Lord Jesus Christ"
1 Corinthians 1:3

What You Can Do

1. Print this prayer and try saying it before your meals.
2. Share the prayer with someone.
3. Listen to the music related to this prayer by Veliko Lee Bekir.

Listen

[PC 46 - All to Your Glory](#)

Before the bread, before the cup
Before I lift my eyes
You have already filled this room
With mercy for my life

In every blessing on this table
In every breath I take
Your grace is moving through me, Lord
In every choice I make

Give me Your help, dear God
Give me the heart to see
Even the smallest things I do
Can be an offering

All to Your glory
All in Your name
Whether I eat or drink
Let my whole life proclaim

All to Your glory
In all that I do
Give me Your grace, O Lord
To live my life for You

At home, at work, in quiet rooms
In laughter and in tears
In every ordinary hour
Lord, let me know You're near

When I have no words to pray
When strength has slipped away
Sometimes all I whisper is
"Help me, Lord, today"

Give me Your help, dear God
Give me the heart to see
Your grace is working even now
And working here in me

All to Your glory
All in Your name
Whether I eat or drink
Let my whole life proclaim

All to Your glory
In all that I do
Give me Your grace, O Lord
To live my life for You

You give the grace
I give You thanks
You give me strength
For every day

Your love comes down
My praise goes up
And in Your grace
I have enough

All to Your glory
All in Your name
Whether I eat or drink
Let my whole life proclaim

All to Your glory
Through all of my days
Let every ordinary thing
Become an act of praise

Give me Your grace, O Lord
Let Your love shine through
[Your awesome grace]
May all I am bring glory to You

Grace and peace
From God our Father
And Jesus Christ our Lord

Give me Your grace, O Lord
Give me Your grace