

## PC 33

### Who Do You Trust?

By David Cochran

Music created by Lee Bekir.

*Trust in the LORD with all your heart  
and lean not on your own understanding;*

*In all your ways submit to him,  
and he will make your paths straight.*

Proverbs 3:5-6



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## What Is Trust?

Trust is defined in *Oxford Languages* as “firm belief in the reliability, truth, ability, or strength of someone or something.” It is the foundation of all good relationships. If we trust people or organizations, we allow ourselves to open up and engage in a relationship with them because we know they have:

- integrity, the belief that another party is fair and just,
- dependability, the belief that the other party will consistently do what they say,
- and confidence, the belief that a person can be relied upon.

If we have trust, we engage with a person or organization with the full expectation that they will honor and value our participation in the relationship. We believe they are fair and just, will work consistently with us and for us, and will know they can be relied upon. We also know we must respond similarly to them.

Conversely, if we have distrust, we are likely not to engage in a relationship with the other person or organization. We can't count on them to have integrity, dependability, or confidence.

## Where Can We Find Trust?

Trust seems to be in short supply these days. Misinformation runs rampant on social media. Too many of our heroes turn out to have been dishonest. Politicians do things that weaken our trust in the system. Families are torn apart by disputes and disagreements, and we lose trust in people we love. We don't know where to turn for truth and trust.

In this world of uncertainty, misinformation, and distrust, there is a place to turn where there is a consistently truthful message. At any time, we can turn to the Lord knowing we can trust in God for truth and help. God is always at our beck and call, providing what we need, even when we don't know we need it.

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## Who Do You Trust?

Inspired by Proverbs 3:5-6

Prayerfully read the lyrics of this song before you play the song.

They say the world is changing fast,

Truth gets lost, it never lasts.

Heroes fall, their words run dry,

And broken promises stack up high.

Who do you turn to when the lights fade low?

Who do you call when you just don't know?

*Refrain*

Who do you trust when the world feels cold?

When the stories change and the lies get told?

There's one foundation, strong and true,

Oh Lord, my heart belongs to You!

Politics and empty plans,

Shifting like the desert sands.

Families fighting, hearts in doubt,

Searching for a way back out.

Who do you turn to when the nights grow long?

Who holds the truth when the rest feels wrong?

Who do you trust when the world feels cold?

When the stories change and the lies get told?

There's one foundation, strong and true,

Oh Lord, my heart belongs to You!

With all my heart, I won't lean on my own way,  
You guide my steps, I'll follow every day.  
Through every storm, through every test,  
In You alone, my soul finds rest!

Who do you trust when the world feels cold?  
When the stories change and the lies get told?  
There's one foundation, strong and true,  
Oh Lord, my heart belongs to You!

(Trust in the Lord, trust in the Lord!)

With all my heart, I will not fear!

(Trust in the Lord, trust in the Lord!)

I know my Savior's always near!

Listen to the [Who Do You Trust?](#)

*Trust in the Lord with all your heart.*

*The Savior is always near.*

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